

# Tips on marking Human Rights Day 2015



Here are some simple ideas for how your organisation can mark Human Rights Day 2015:

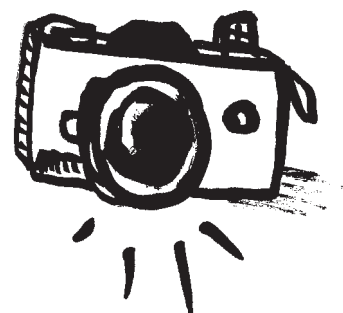
01.

**Make your own #MakeRightsReal photo and share it on social media**



Put yourself in the picture and make your own personalised photo in support of Human Rights Day with our [Make Rights Real Facebook app](#).

Get a few friends, colleagues or family members to join you, and then share your image using the **#MakeRightsReal** tag.



# 02.

## Download our free Human Rights Day images and share online

Go to [www.makerightsreal.ie](http://www.makerightsreal.ie) and download the free set of Human Rights Day images we have designed for you to share on your social media accounts or website.

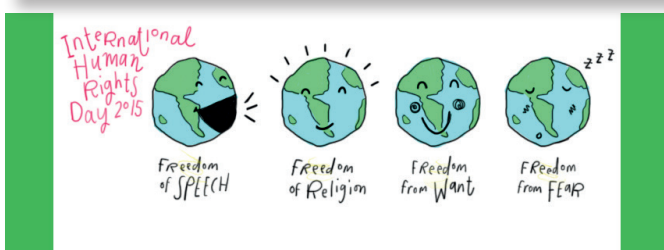
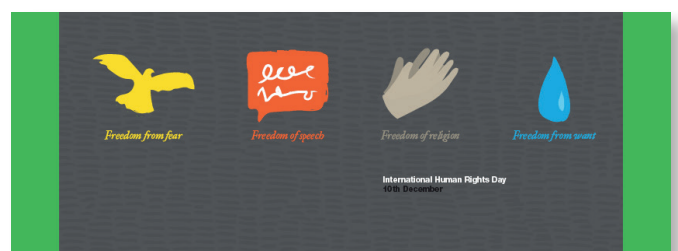


BEFORE



AFTER

There are over 10 images to choose from



03.

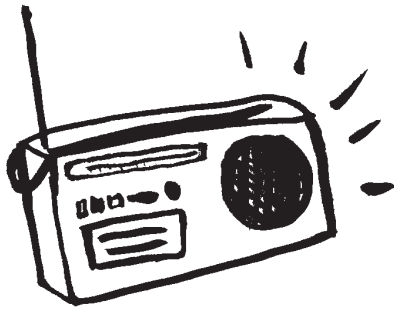
## Write something about Human Rights Day

Write a blog post or 'latest news' story for your organisation's website about Human Rights Day (there is lots of information on the Day available on our website and [here](#) at [UN.org](#)).



04.

## Tell local media about Human Rights Day



Issue a news release to your local magazine, newspaper or radio station, detailing why Human Rights Day is important to your organisation.

05.

## Print and share the Universal Declaration of Human Rights

Print off a copy of the [Universal Declaration of Human Rights](#) and display it in your organisation's premises.

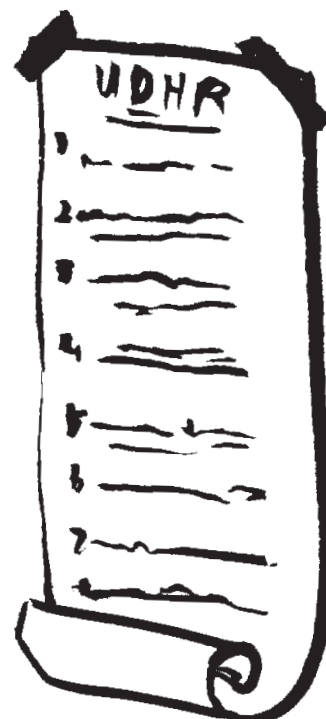


Image source: [UN.org](#)

06.

## Organise an event for Human Rights Day

Hold a simple event on 10th December to mark the Day. This could be as informal as a quick coffee morning for all staff or a discussion with a group of service-users on what human rights mean to them.



### Don't forget:

If you are planning to mark Human Rights Day, let us know! We'll be profiling activities and events on the Make Rights Real website and social media profiles.

Contact: [info@makerightsreal.ie](mailto:info@makerightsreal.ie)

**#Make  
Rights  
Real**



Coimisiún na hÉireann um Chearta  
an Duine agus Comhionannas  
Irish Human Rights and Equality Commission



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